



St Joseph's Catholic High School

Newsletter

Friday 21st June 2024



Dorney Lake Rowing

This week a group of year 9 students had a go at rowing on Dorney Lake. This was followed by an indoor rowing competition. They worked hard as a team to row 5km between them. They finished first by more than a minute.

Well done to Nadia Oliver, Csenge, Mikah, Andrius, Oliver, Igor, Ava, Olivier, Emilia, Max.

Head Teacher Message

Dear Parents and Carers,

Hope you are all safe and well. Link to the latest video is:

[Headteacher Message NEWSLETTER - 21st June 2024 \(youtube.com\)](#)

Please like and subscribe to be made aware of all new and exciting St Josephs content.

St Joseph, pray for us.

Mr Stapleton



"The glory of God is a human being fully alive!"

Theme of the Week – Do not be afraid

In the Gospel on Sunday, we the account from St Mark of a storm at sea and it showed the disciples in a state of panic and not knowing what to do. They failed to realise that Jesus was by their side and He would look after them. We then hear Jesus give a simple instruction that leads to something utterly amazing happening (a miracle) and the disciples asking what kind of person is Jesus. *'Even the wind and waves obey him.'*

In the Gospel, Jesus suggests to his followers that they cross the lake to the other side. The sun has set and soon it would be nightfall. The lake would normally be calm, but it was subject to sudden winds that broke upon the lake and whipped up the waves. It wasn't the smooth plain sailing the disciples had hoped for and this is similar to our own lives. We are caught up in stormy weather, things in our lives sometimes happen when we least expect it. It is at this point we may ask ourselves, what do you do in your time of need or when you are scared things are going to go wrong?

Our life is a journey with Jesus. We have invited Jesus into our boat – into our life – and there are many times where our voyage does not go to plan.

If we panic too much we cannot always hear Jesus helping us to weather the storm until things calm down a bit. Then we realise that with God in charge we don't actually need to be so terrified. It is clear that St Mark intends the raging sea to be a symbol of the forces of evil. The disciples wake Jesus with an accusation – **“master do you not care we are going down!”** After calming the sea and their fear, Jesus rebukes them for their great fear and small amount of faith; it is then that the question arises “Who then is this man?”

The words Jesus addresses to the sea are words he uses to drive out devils; words that could be addressed to a barking dog: **“Quiet now! Be calm!”** Jesus' miracles are not designed to produce the spectacular, but to restore things to normal.

We know who Jesus is. However, the question remains for us, will our faith in Jesus stay with us even during threat, danger and storm? The disciples experience is not unknown to us. We believe that Jesus accompanies us on our journey to God. To journey with Him is to journey through storms rather than around them, we must nurture a strong belief that there is no storm that Jesus will not calm. Jesus is always with us, he has the power to calm and make smooth these storms to in our lives. All he asks in return is never to give up that faith in Him.

Do not be afraid

Weekly Reflections
23rd June 2024



A reading from the Gospel of St Mark 4:35-41

With the coming of evening, Jesus said to his disciples, 'Let us cross over to the other side.' And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, 'Master, do you not care? We are going down!' And he woke up and rebuked the wind and said to the sea, 'Quiet now! Be calm!' And the wind dropped, and all was calm again. Then he said to them, 'Why are you so frightened? How is it that you have no faith?' They were filled with awe and said to one another, 'Who can this be? Even the wind and the sea obey him.'

Prayer for the Week

Dearest Father,

We thank you for your continued guidance especially in our more difficult times. Calm the waters that surround us and give us the strength to persevere so we can grow in faith.

Through Christ Our Lord

Amen



Catholic Social Teaching of The Common Good

Our actions have an impact on everyone around us. When we make decisions, we should consider the good of all. The common good is about respecting the rights and responsibilities of all people and leaving no one behind. We work to build a world where everyone can flourish. Ultimately, no one can truly flourish if another person is hungry, lost, abandoned or scared. Watch the video on The Common Good and state what you can do to take away fears others may have. How can you be:

Intentional and Prophetic.

Day 1

How might you react if sailing in a small boat and you enter a storm?

Why is our life similar to a sailing on a boat?

Day 2

Why do we panic in situations if we know Jesus is in our lives?

Why do you think Jesus rebukes the disciples with their fears?

Day 3

Jesus is seen in us from our own positive actions and words to others. If we see someone shaken inside by worries, fear, anger or trouble how can you show Jesus to them and calm the storm inside them?

'The Life of Christ'

On Wednesday, 12 members of our Chaplaincy Team went to Wintershall near Guildford to watch a live performance of the 'The Life of Christ'. This was a three act performance illustrating in Act one, the birth of Christ and surrounding events of this. Act two, Jesus' temptation in the desert, the calling of the disciples and key events in his ministry and teaching. To finally Act three, Holy Week, his Crucifixion, Resurrection and Ascension into Heaven using all four Gospels. All students had a wonderful time



Year 8 District Semi Final

The Year 8 football team encountered their toughest challenge yet, facing a strong St Edward's side in the Semi-final of the Slough District Cup at Arbour Park.

Two hours before England kicked off against Denmark, St Joseph's demonstrated an attacking mindset and desire that England fans could only dream of seeing. Dominating possession, they outplayed their counterparts in every position.

An early goal settled St Joseph's into the match, allowing them to dictate both possession and the game's flow. They quickly surged ahead with a second goal, but St Edward's managed to score against the run of play, making it 2-1 by halftime.

The second half saw more of the same, with St Joseph's playing liquid football, moving the ball around the pitch as if it were on a string.

The match concluded with a well-deserved 4-2 victory for St Joseph's.

Goals:
David G x3
Chibs E

Man of the match: Every sing member of the squad



Poetry by Heart Competition!

Huge congratulations to Millie Woodward who won 'Commended' and Anthony Omale 'Best in the county' for their participations in the Poetry By Heart Competition! This is a huge achievement and after weeks of practice for spoken poetry, you should be very proud!



Year 7 News

It has been another lovely week and now with the weather beginning to behave as if it were summer that is leaving a lovey feeling around the place this week. Just a few big well done's to some of our Year 7s: well done to Dawid T for making it through to the next round of the Pupil Profile cup, he is of course still in with a chance to win a MacBook Pro. Well Done Dawid! Also, to 7M who have made the greatest progress with their XH's!

Letters will be out shortly regarding the Rewards Trips. Also, some students received a letter yesterday inviting them to rewards evening so please ensure that your child has given that letter to you. Have a great weekend

Mr Cooper-Santos – Head of Year 7

Year 8 News

A great week for Year 8 this week with Year 8 boys football on Thursday and inter house competitions in PE Lessons. Lots of students this week have been nominated for both pastoral and subject awards with rewards evening coming up on 3rd July, it is great to see the success as a year group. Looks like a great weekend with the sunshine and leading into the last month of school before Summer Holidays.

Miss McCormack – Head of Year 8

Year 9 News

Well done for another smashing week! This week Year 9 has accumulated 1002 positive points, keep up the hard work! We are in for another good week of weather so please can I remind you to stay hydrated throughout the day!

Please remember that we have moved over to the upper school playground for line up indefinitely so make sure you are ready for line up at 8:18 every morning. Hope you have a lovely weekend- enjoy the sunshine!

Miss Joseph – Had of Year 9

Year 10 News

Wonderful second week of PPEs everyone! We were amazed at how well they have been studying, how organized they are and we know you have been revising hard in your free time. Keep going please remember that its matter of consistency and discipline. You have made us all very proud.

Mr Romero – Head of Year 10

Year 11 News

A massive well done to the Year 11's who completed the end of their GCSE's this week. A reminder that results day is on Thursday 22nd August in the school hall.

Well done to all the Year11's who have been in this week completing their functional skills tests. Year 11 prom will take place on Thursday 27th June at Stoke Place. Arrival time is 7.00 and it will finish at 11.45. If you are staying to take pictures please register your car number at Reception

Mrs Dunleavy – Head of Year 11

Little Green Change



Students have been working closely with Little Green Change to improve our environment and discuss sustainable ideas around the school- especially during the Sustainability Elective.

Recently, Bela and Daisy in Year 13 have researched and written articles about global issues they felt needed further education and information on.

These articles were so brilliant that Little Green Change has chosen to publish them in their magazine- here is a snapshot of them! The whole magazine can be read here: <https://littlegreenchange.com/magazine/> .

Well done girls for representing our school well! If you would like to submit an article for potential publication in the magazine, please send it across, or speak to, Mrs Burby.

Football News - The Slough Town F.C Academy

The Slough Town F.C Academy coaches took 60 St Joseph's students through their paces on Wednesday afternoon With 20 girls and boys 40 from Year 7,8 & 9. All students putting their best foot forward and impressing the coaches.

The head academy was blown away with the participation level from the girls and the enthusiasm from all students involved. A great afternoon of football!



National School Sport week!

This week we have celebrated National School Sport week! The aim has been to get more students to be physically active and enjoy sport. In lessons students have been competing in interform rounders and softball competitions and at lunch students have had the opportunity to try lots of different sports and challenges such as dance, kickboxing, tennis and golf. Well done to the following students who have participated and scored the highest in each of the challenges;

Penalty shoot out: Tomasz D 7T

Keepy uppy Challenge: Zac 10C

Netball shooting: Leila 7

Golf chip: Dominik 7J

Basketball shooting: Dorien 9V Mikah 9M



LBO St Joseph's Jinted

Sixth form students are keen to lead St Joseph's Vinted- JINTED! Please donate clothes to Mrs Burby if you have any during some clean outs, and come and support the sixth form team in their upcycling efforts (and find yourself something new!).

St. Joseph's Jinted!

Step 1
Trade your old clothes (that are in good condition) for tokens!

IMPORTANT
You can either use a token to pay, or a minimum of £1!

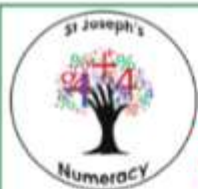
Conditions
Clothes MUST be in good condition and washed!

Step 2
Trade in tokens (or £1) for clothes!

Where to donate
Donate your clothes to Mrs Burby, Leah Walls or Finlay Gibbons in T16 to receive your token!

Where?
Art room

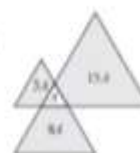
When?
4th July, Lunch Time



#IcandoMaths

Solution to last Week's Puzzler

- E Let the area of the equilateral triangle of side 1 be A . If similar figures have sides which are in the ratio $k : 1$, then the ratio of their areas is $k^2 : 1$. So the areas of the triangles with sides 2, 3, 4 are $4A$, $9A$, $16A$ respectively. So, as shown in the diagram, the total shaded area is $3A + 8A + 15A = 26A$. Therefore $n = 26$.



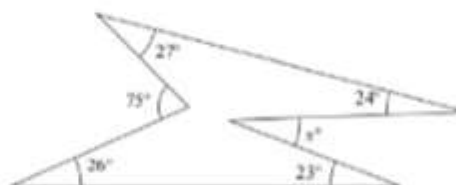
Solution to the Break-time Teaser:

- D Let there be g girls and b boys in Tegwen's family. Then, as she has the same number of brothers as she does sisters, $b = g - 1$. Also, each of her brothers has 50% more sisters than brothers. Therefore $g = \frac{1}{2}(b - 1)$. So $b + 1 = \frac{1}{2}(b - 1)$ and hence $2b + 2 = b - 1$. Rearranging this equation gives $b = 5$. So $g = 5 + 1 = 6$. Therefore there are $5 + 6 = 11$ children in Tegwen's family.

Puzzler of the week

In the diagram, what is the value of x ?

- A 23 B 24 C 25 D 26 E 27



Break-time Teaser

The sum of two numbers a and b is 7 and the difference between them is 2.

What is the value of $a \times b$?

- A $8\frac{1}{2}$ B $9\frac{1}{2}$ C $10\frac{1}{2}$ D $11\frac{1}{2}$ E $12\frac{1}{2}$

Send your answers to Mr Allinson. Complete answers will get positive points on Class Charts.

Pupil Nominations of the Week

<p><u>Year 7</u></p> <p>Orla O'Connor and Adam Khan for continuously demonstrating our core values</p>
<p><u>Year 8</u></p> <p>Bruno Valek and Tesia Teji for most positive points</p>
<p><u>Year 9</u></p> <p>Emma Powell and Alex Nysiewicz for a good attitude to learning</p>
<p><u>Year 10</u></p> <p>Nick Tolwinski and Gabriela Wilczko for continuous effort and hard work.</p> <p>Anthony Omale for winning 'Best in the county' for their participations in the Poetry By Heart Competition!</p>
<p><u>Year 12</u></p> <p>Felmica Souza and Alex Ellner for the most positive points</p>



Congratulations to this week's winners of the Year 10 Spanish Grammar Challenge: Rosa Jarrett and Vince Lacsamana. Well done!



Well done to Minerva Cabasa, Matteo Mennone, Natalia Kochanowshka, Leah Walls, and Ricky Aman, for their continued efforts and dedication given to their studies in Media - keep up the amazing work.

Homework Superstars

Marcel	Kunecki	7 Jerome	EAL	2
Mikah	Aungon	9 Mark	EAL	3
Leah	Walls	12 Cecilia	EAL	2



EAL NEWS

(English as an Additional Language)

Frequently asked questions

1. **My English is not very good. Should I speak English with my child?**

It is better to use your home language because you will provide a good model of the language. Besides, your child has many opportunities to hear English and to use it, outside the home.

2. **What can I do when my child does not want to use the home language anymore?**

It is normal for children, especially teenagers to want to use English all the time because they want to fit in with their friends. It is not advisable to try to force your child to use a particular language.

3. **What are the advantages of being bilingual?**

- **Thinking power:** Learning and using more than one language can improve creative thinking, problem solving and expression.
- **Culture:** Speaking more than one language means that you experience more than one world: different ways of thinking, ideas and beliefs. The home language is very important for passing on values and traditions and maintaining cultural identity.
- **Language:** Bilingualism creates a better understanding of how language works and can make learning other languages easier.

