

Theme of the Week - Most Holy Trinity

On Sunday, we celebrated the Solemnity of 'The Most Holy Trinity' and to help understand the importance, I would like you to think of three family members. You may have in mind, a father, a mother, a sister or a brother. They may be a cousin or grandparent. For some of you, you may have a friend in mind, not family by blood but someone you are so close to that you treat them like family. Your relationship with these people may not be exactly the same i.e. your relationship with your brother is different from the one you have with your mother for instance, but it still shows love, it still is Love! In the same way, the depth of God's relationship with us is indicated by the three persons of the Holy Trinity - the Father, the Son, and the Holy Spirit. And we have come to experience each in different ways, we experience God who not only loves but IS LOVE!

When we think of the relationship we have with Christ, we might take this relationship as to follow His wisdom. Christ leads us to understand that He is, the loving plan that God had for all creation from the very beginning. The Holy Spirit, according to Jesus' promise in the Gospel, will teach his disciples everything they were unable to grasp during his time with them. The love of God binds us through the Father, Jesus and in the Holy Spirit. Belief in the Trinity - one God, Father, Son and Spirit - is one of the central mystery of our faith. St Augustine's beautiful image of the Trinity is a communion of love (the Lover, the Beloved and the Love which exists between them).

Sometimes, words are wholly inadequate to explain the mystery of the Trinity. St Patrick, when bringing Christianity to Ireland used the three leaf shamrock, the Trinity being all one together but also three different parts. Our experience of God as Father, Son and Spirit enables us to have access to God in a personal way that could so easily be denied to us. What were your earliest ideas about God, and how have these developed as your life has unfolded? How does Jesus embody the love of God for you? Is the Holy Spirit still active in your life and how does it show you love? If you go back to day one and those chosen three relatives. Each one loves you so much but may illustrate this in different ways. How then can we **learn** from the Most Holy Trinity experience of God and be **wise** with this in our relationships with the people and environment close to you?

The Most Holy Trinity

Weekly Reflections
15th June 2025
11th Week in Ordinary Time



From the Gospel of John 16: 12-15

At that time: Jesus said to his disciples, 'I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come. He will glorify me, for he will take what is mine and declare it to you. All that the Father has is mine; therefore I said that he will take what is mine and declare it to you.'

Prayer for the Week

Almighty God.

Loving Father, merciful, good and compassionate continually watching over us; Lord Jesus, flesh of our flesh yet the living image of you and one with the Father; Holy Spirit, source of guidance and inspiration filling our hearts, we worship you.

Amen

Day 1

What three family members did you pick?
How does the love they show you differ from one another?

Day 2

What makes up the 'Holy Trinity'?
In what way has the Trinity being illustrated? How does the Trinity illustrate love?

Day 3

How have you experience the trinity in your life? How can you be **Learned** in explaining the Trinity to others but also **Wise** in showing it through your actions to others this week?

Catholic Social Teaching - Stewardship

"The Lord God took the man and put him in the garden of Eden to till it and keep it." Genesis 2:15. We are guardians of God's creation, living sustainably and enhancing the wellbeing of our planet. Caring for the earth is integral to our task of tackling the scandal of global poverty, vulnerability, inequality, injustice and exclusion. Stewardship is all about caring for the many gifts that God has given to us. These include our environment, our own talents and other resources. The late Pope Francis said "Humanity still has the ability to work together in building our common home" Laudato Si' 13 and "...the world we have received also belongs to those who will follow us." Laudato Si' 159.

How this half term can you promote Stewardship in all that you do in St Joseph's and society?