

### From the Gospel of Luke (1:39-45)

In those days Mary arose and went with haste into the hill country, to a town in Judah, and she entered the house of Zechariah and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the baby leaped in her womb. And Elizabeth was filled with the Holy Spirit, and she exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb! And why is this granted to me that the mother of my Lord should come to me? For behold, when the sound of your greeting came to my ears, the baby in my womb leaped for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her from the Lord.'

### Prayer for the Week

Heavenly Father,

May we, like Mary, have the faith to believe that with you nothing is impossible; In the reading of the Scripture, the signing of carols, the offering of prayers, and the sharing of fellowship, convey something of the wonder of your love.

Through Christ our Lord

Amen



### Reflection on the Gospel from Sunday:

Sunday's Gospel is also known as 'The Visitation' where God's actions can be seen in both the life of Mary and Elizabeth. Amazing that a young girl who was known to only a handful of people, was going to become the mother of God. The faith of both women can be seen in the Lord and the love that comes from Him to them is immeasurable! So this Christmas let us remind ourselves that in Jesus's birth, He bring us Hope, Peace and Joy and through this, we then can fully embrace His Love for us.

Have a Holy, Blessed and Merry Christmas.